

## Trail Course Pattern

- 1: Start to the left of the first cone and serpentine at a walk through the cones.
- 2: Walk over the elevated pole and head toward the tarp obstacle.
- 3: Walk atop the tarp and halt, count to 5 seconds and walk off the tarp.
- 4: Trot from the tarp to just before the L-Shape obstacle
- 5: Walk through the L-Shape, make a right-hand turn & walk across the parallel poles toward the umbrella.
- **6:** Walk to the closed umbrella and halt. Open and close the umbrella, lay it back on the ground and walk on. If riding, dismount, then open and close the umbrella, and remount.
- 7. Walk back to the starting point, halt, and back three steps.

## **How to Build the Obstacle Course**

Cones: To create cone obstacle, you will need 3ct cones, or alternate high-visibility markers, spaced 5' apart in a straight line. Elevated Walk Over Pole: Use a 12-16' pole (PVC or wood) elevated on blocks at least 12" high (not to exceed 18").

Tarp: Between 6-10' from the cone obstacle, lay a tarp (at least 10x12') flat on the ground.

**L-Shape:** Build the L-Shape obstacle roughly 15-20' from the tarp. The outer L should be approximately 32' and the inner L 16'. You will need enough [PVC or wood] poles to achieve those measurements. For each L, place the longer set of ties or poles on the outside of the "elbow," so each wing of the L is even at the end (see diagram). Space the ties or poles 28 to 30 inches apart. **Umbrella:** Place a closed umbrella on the ground roughly 6-10' from the L-Shap obstacle.